



Be Spa-n-taneous!

The "n" Stands for NEW! Learn to live a NEW life:
 Free Energetic Creative With Renewed Spirit

Our Mission...

is to provide Cheaper Alternative Health Care through

• **THE ALTERNATIVE HEALTH SPA©**

(AHS - sounds like "OZ")

OFFERS "SPA-N-TANEOUS"

to empower people to create their own well-being by assisting the patient in bringing forth their most spiritually awake (enlivened) body. All of our practitioners are highly-trained with many years of experience. Dr. Angela Longo alone, has cared for thousands in her 32 years of service. To make health care more accessible for people and families,
Treatments are available 12 hour per day, 7 days per week.

Our menu has a diverse selection of high-quality services, including acupuncture, (body, ear, scalp, tuning-fork and Herbal seeds) Chinese herbs, Nutrition, all kinds of Massage, Belief-Release, Spirit Rejuvenation, Facials, Peels, Heart-Math techniques of Freeze-Frame, Heart-Lock-On and other Traditional Chinese Healing methods. (See reverse side for more details!)

ONE UNIT OF AHS = \$50.00 per month. (Major Credit Cards Accepted)

Each unit consists of one treatment, plus one hour of class from the NHEMO Foundation.

AHS Program can be expanded by adding units to the desired level, according to your health needs and finances.

OPENS IN WAIMEA, SEPTEMBER 15th, 2004!

To Join Us, call Angel Longo for details at: 808-885-4239

On the Web: www.angelalongo.com • www.nhemofoundation.com • www.spa-n-taneous.com